

Final Report Summary: Engaging the Entire Care Team to Facilitate a Comprehensive Pain Management Program in the Primary Care Setting

The New Jersey Academy of Family Physicians

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Program Overview

Purpose: Increase primary care physician and team member knowledge, expertise and confidence in utilizing health information technology to implement a population health management program that utilizes evidence-based (EB) guidelines to appropriately and cost-effectively treat new and existing patients who present with pain.

Key Objectives:

- 1. Increase widespread use of chronic pain evidence-based guidelines and assessment tools in primary care practices, using health technology for documentation and population health management;
- 2. Establishment of a primary care practice environment that fosters coordination and communication among providers and community partners/resources to support effective non-pharmacological/pharmacological approaches to pain management;
- 3. Increase patient satisfaction and quality of life for those with pain; and
- 4. Reduction in healthcare costs associated with avoidable emergency department/hospital admissions, inappropriate referrals and need for additional inpatient/outpatient services



Program Measures

- 1. Number of patients who have documentation of a care plan that addresses personal goals, sleep, physical activities, stress management and pain reduction in the medical record and identifies potential barriers to patient
- 2. Number of patients with pain assessment completed at the initial visit using standardized tool that addresses pain intensity, location, mechanism, current functional status and follow up plan
- 3. Number of patients with referrals to physical rehab and or behavioral management therapy
- 4. Number of patients with documentation of reassessment of pain at follow up visits using a standardized tool
- 5. Number of patients with documentation of reassessment of pain at follow up visits using a standardized tool who had a reduction in pain severity
- 6. Number of patients diagnosed with chronic pain who are screened for chemical dependency before being prescribe opioid medications
- 7. Number of patients who are prescribed an opioid who have opioid agreement form and urine toxicology in medical record

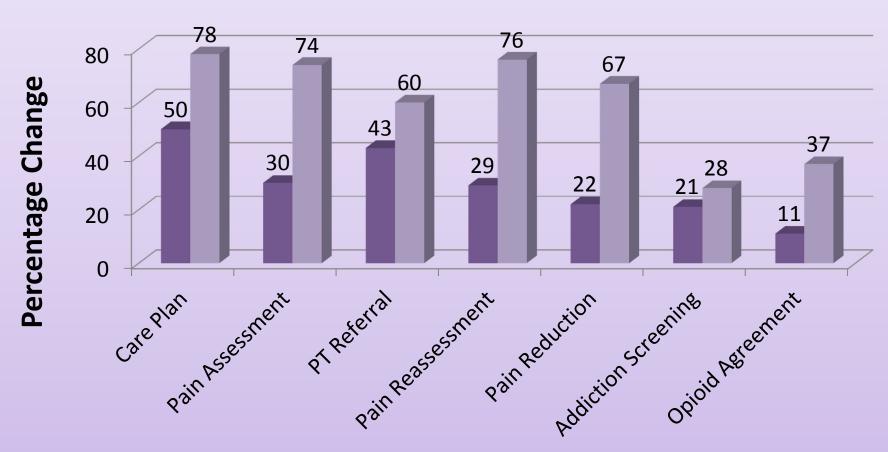


Program Participants

Participating Practices					
Practice	# Providers	Specialty	Region	Setting Type	Ownership
1	2	Family Medicine	West	Rural	Private/IPA
2	5	Internal Medicine	South	Suburban	Hospital-Owned
3	2	Family Medicine	South	Suburban	Hospital-Owned
4	3	Family Medicine	South	Suburban	Hospital-Owned
5	5	Family Medicine	Central	Rural	Private
6	2	Family Medicine	Central	Suburban	Private
7	2	Family Medicine	West	Rural	Private/IPA
8	2	Internal Medicine	North	Urban	Private
9	2	Family Medicine	East	Suburban	Private
10	2	Family Medicine	East	Suburban	Private



Program Results



Key Measures